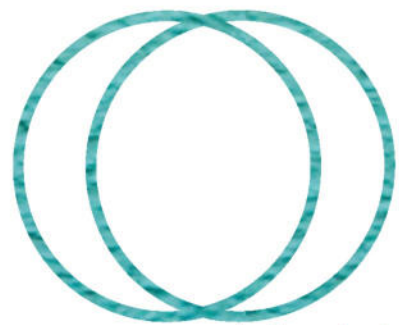


kursplan



lb personal training



lb personal training

montag

19:00 - 20:00
functional workout³
bootcamp

mittwoch

19:00 - 20:00
functional workout³
greenhorn

20:15 - 21:00
agility flow²
body relieve

donnerstag

20:15 - 21:00
agility flow²
TRX® yoga

freitag

19:00 - 20:00
functional workout³
outdoor class
mixed

samstag

13:30 - 14:30
youngletics